

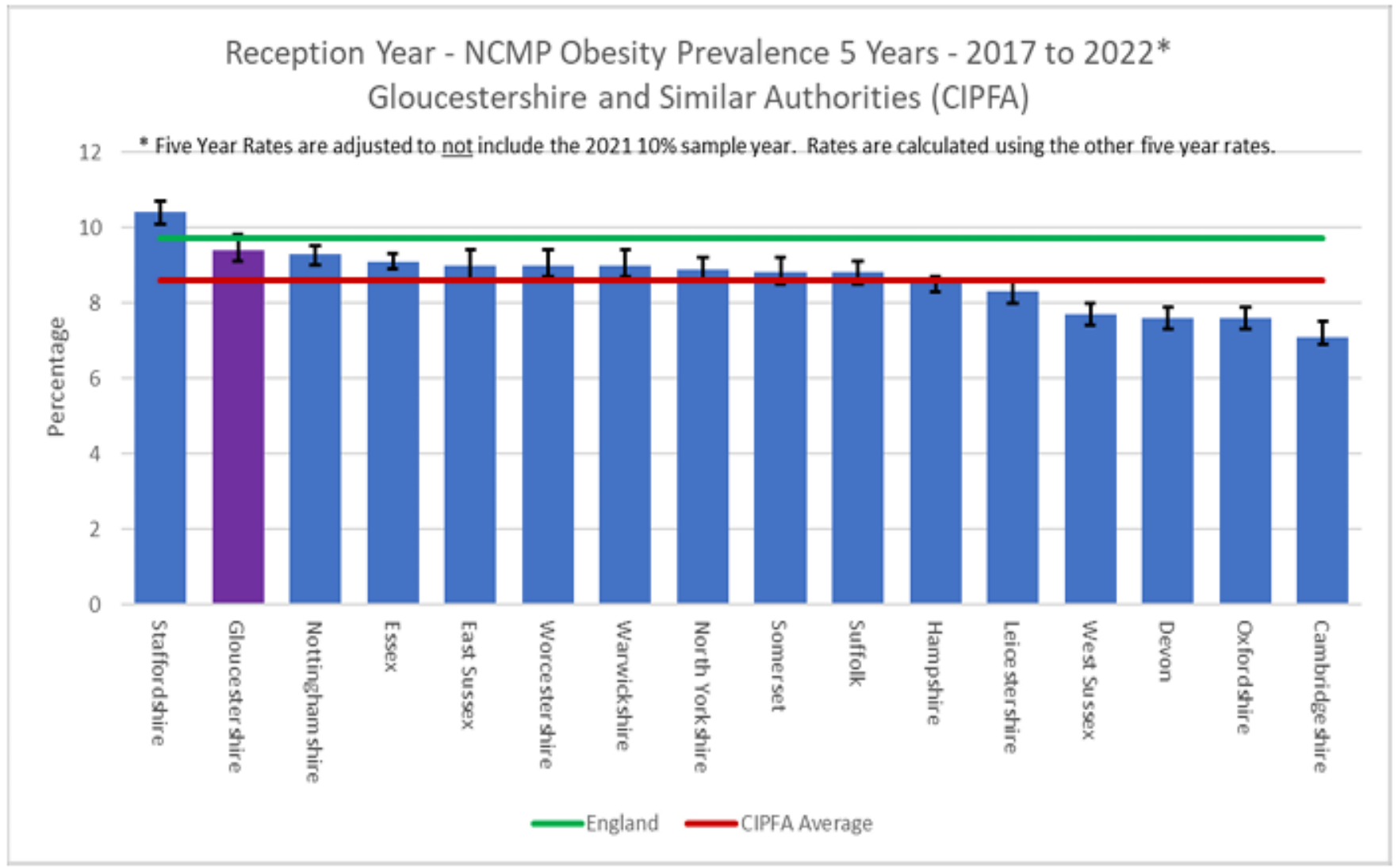
Healthy Weight Priority

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How do we measure up?



Healthy weight - what works?

To tackle obesity we need to take action across many different areas...

Influencing what people buy and eat

Encouraging healthy schools

Expanding access to public sport and leisure services

Promoting active workplaces

Providing weight management programmes

Designing built and natural environments

Enabling active travel and public transport

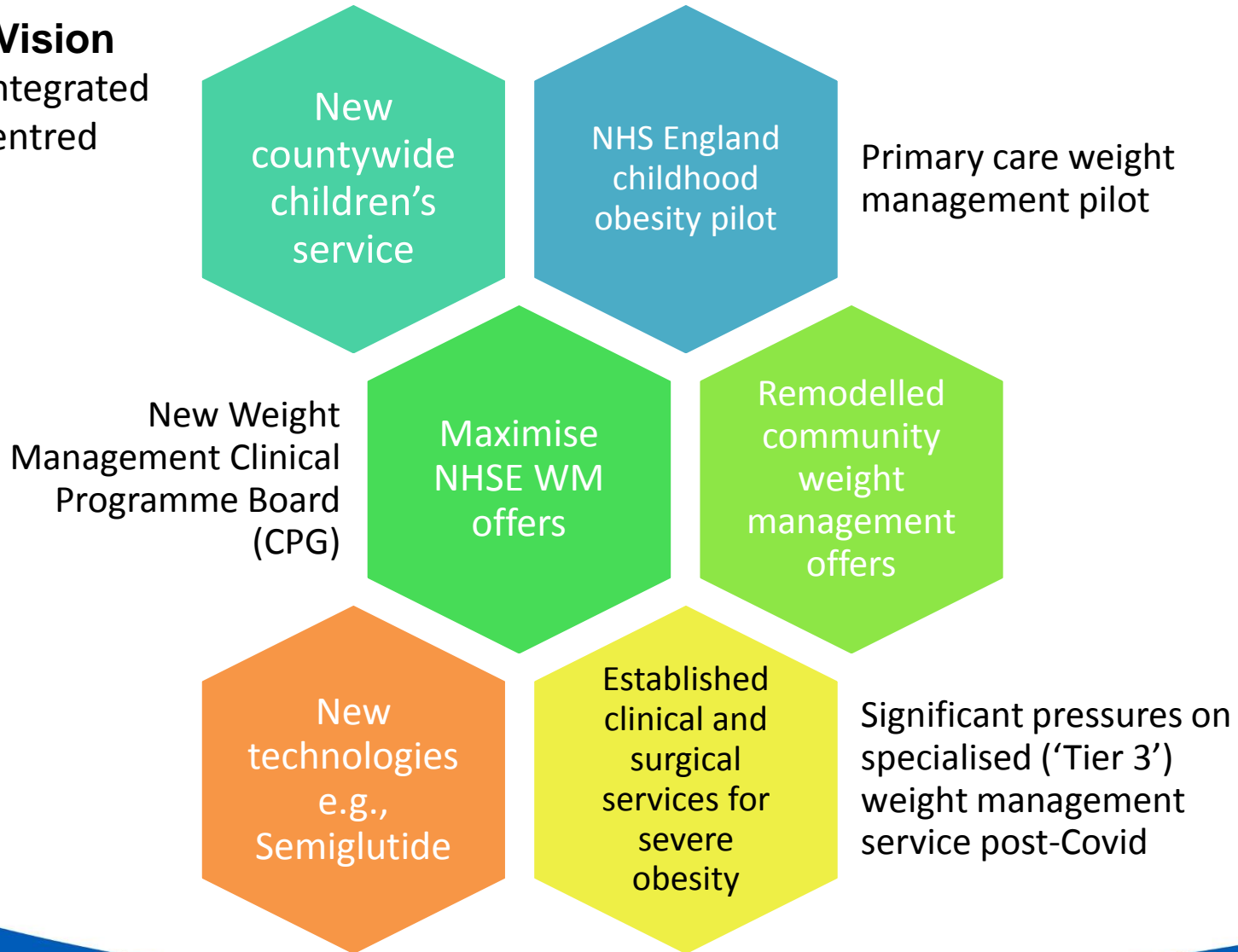
Preventing obesity in children and families

Embracing system-wide approaches

Weight management – progress and challenges

Shared Vision

Flexible integrated person-centred menu of provision



Prevention – progress and challenges



Where else can the Board contribute?

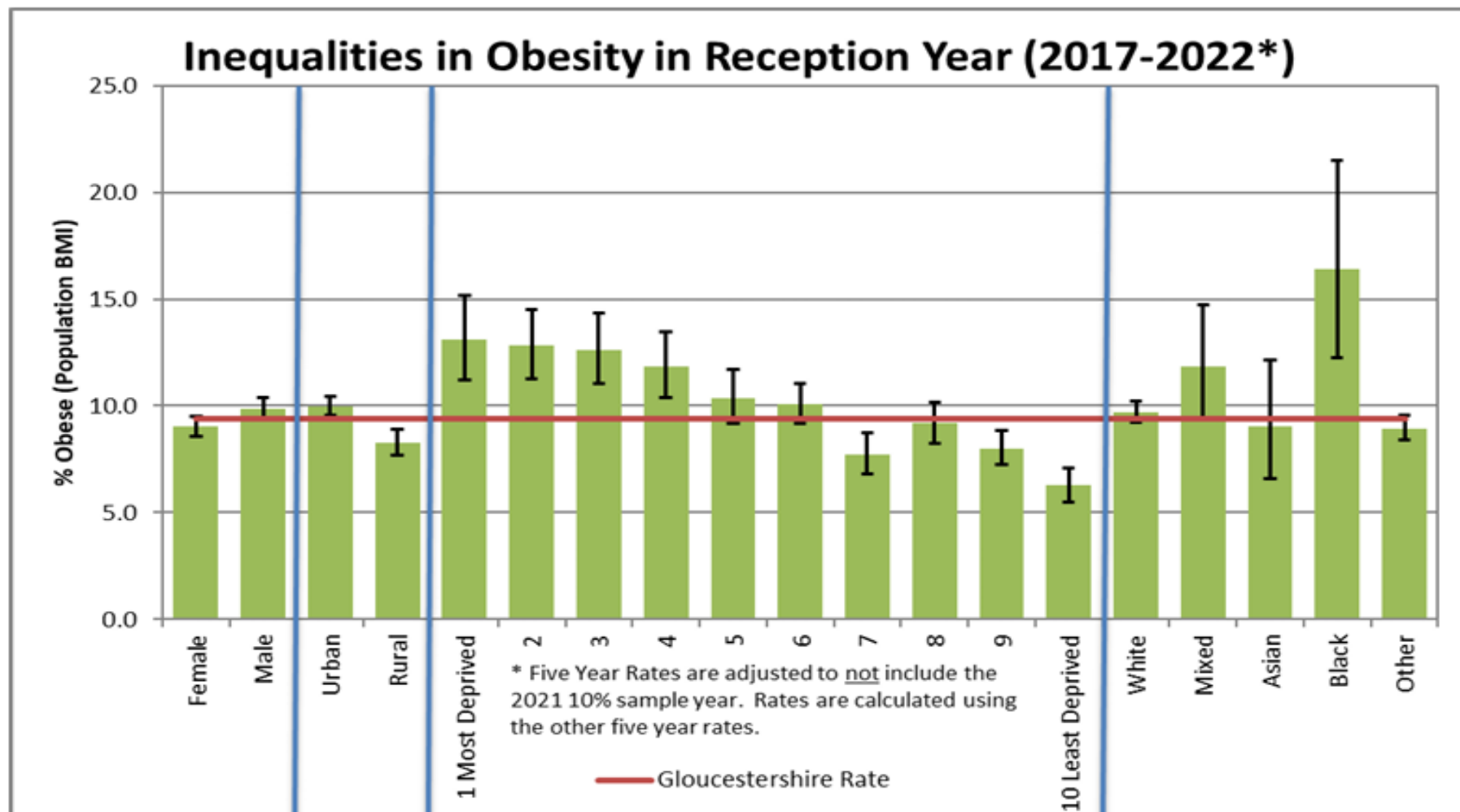
- Population level obesity rates and inequalities persist nationally and locally
- Evidence shows that community-led approaches to address social, environmental and economic drivers are where greatest gains are to be made – and will add value across all disease pathways
- Local progress made in partnership approaches that can contribute to obesity prevention – multiple outputs but we are yet to see impact
- We have a unique opportunity to enhance this work by collaborating with Deakin University in developing community-led approaches to obesity prevention.

Points for discussion:

- Considering the different ways local areas can act, how can GHWB members use their influence to support the healthy weight agenda?
- What barriers to addressing this issue are you seeing in your organisations or services and what are you doing to address these?
- How can we best capitalise on the opportunity to collaborate with Deakin University in developing our local approach?

Additional data for Information (not to be presented)

Inequalities in childhood obesity



<https://www.gloucestershire.gov.uk/inform/health-and-wellbeing/health-inequalities>

How do we measure up – adult obesity rates

- An estimated 62.4% of adults in Gloucestershire have an excess weight (overweight or obesity), which is no significantly different from the England average (63.8%)
- Gloucestershire ranks 11th among our statistical neighbours

Indicator	Period	England	Gloucestershire nearest neighbours	Gloucestershire	1 - Warwickshire	2 - Worcestershire	3 - Suffolk	4 - West Sussex	5 - Somerset Cty	6 - Staffordshire	7 - North Yorkshire Cty	8 - Cambridgeshire	9 - Leicestershire	10 - Essex	11 - Devon	12 - Oxfordshire	13 - Nottinghamshire	14 - Hampshire	15 - Cumbria
Admission episodes for alcohol-specific conditions - Under 18s	2018/19 - 20/21	29.3	-	34.9	41.1	32.3	31.6	36.9	61.5	29.4	36.9	30.5	18.8	19.1	52.2	33.0	25.9	34.5	37.9
Admission episodes for alcohol-related conditions (Narrow)	2021/22	494	-	443	521	523	492	415	559	670	521	420	432	411	464	363	601	397	498
Smoking Prevalence in adults (18+) - current smokers (APS)	2021	13.0	-	13.0	13.9	14.0	13.2	12.4	14.6	9.9	11.1	13.2	11.2	12.3	11.6	10.2	13.3	10.8	14.3
Percentage of physically active adults	2021/22	67.3	-	71.1	67.1	68.5	70.3	69.6	69.9	67.6	70.1	69.3	66.8	67.7	75.0	73.4	67.3	71.5	68.7
Percentage of adults (aged 18 plus) classified as overweight or obese	2021/22	63.8	-	62.4	66.2	66.9	65.6	61.6	66.3	68.2	61.4	60.0	64.1	65.3	60.5	60.0	66.1	64.2	65.0