

HOSC – Mental Health Update

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Focus on Mental Health

Purpose/Introduction

- To give a general MH Overview plus position in a number of specific service updates
 - Crisis Care
 - Length of Stay and Out of Area Inpatients
 - Eating Disorders
 - Community Mental Health Transformation including Specialist MH Practitioners in Primary Care
 - CYP MH – Young Minds Matter

General Headlines for Mental Health Services

- Gloucestershire Health & Care (GHC) are the main providers for Mental Health Services – some voluntary and third sector providers also commissioned
- Majority of services now at pre-covid wait times
- IAPT Recovery rates 51.1% (against threshold of 50% in Oct 22)
- Increased referrals continue in some services eg. Eating Disorders, Crisis, Children & Adolescents, Autism – resulting in increased wait times
- Increasingly complex referrals that require more intensive interventions

CQC Survey of Mental Health Patients

- Aim to get a better understanding of people's experience of community based specialist MH services – published Oct 22
- Responses grouped into 10 themes
 - GHC in top 5 nationally for 7 themes
 - 5th for overall views of care and services
 - Talking therapies and Crisis services have worsened and Trust will continue to explore this

Comparison with other trusts

The **number of questions** at which your trust has performed better, worse, or about the same compared with all other trusts.



Crisis Teams

- Crisis Resolution and Home Treatment Teams (CRHTT) – significant pressure to deliver 24/7 - staffing pressures/demand
- Key Performance targets achieved
 - responding to all referrals within 4 hours
 - considering all admissions for Home Treatment – 95% threshold
- CYP crisis outreach operational
- ‘Crisis car/Street Triage’ - Working with Glos Constabulary - currently 4 days/week
- Pressure on Maxwell Centre – increase in numbers detained by the police
- Investment SWASFT service desk - specialist MH staff for triage recruited
- Liaison Psychiatry - exploring extra funding to enhance acute MH

Adult Mental Health – Length of Stay Focus

- Challenges on Acute Mental Health bed availability and discharge
- Out of Area use = slower patient flow & poorer patient outcomes

Benchmark data – March 2021 – GHC not an obvious outlier

- Beds per 100k population = 17.2 National Average 18.2
- Admission per 100k population = 132 National Average 188
- Current LOS = 50.2 days vs Out of Area patients = 99.9 days

Proposals to Improve Flow

- Discharge Coordinators - focus on social care and Delayed Transfer of Care (DToC)
- Pilot Daily Board Reviews and roll out to all acute wards
- Weekly DToC meeting to review the discharge plans
- Review and align Community Mental Health Teams Referral Criteria

Eating Disorders

- Demand for services continues to outstrip capacity
- Whole pathway transformation programme

Impact to Date

- 21/22 - Additional resources in GHC and additional voluntary sector capacity
- Adolescents offered BEAT Developing Dolphins pathway
- TiC+ support families whilst waiting - uptake now increasing
- Exploring additional provider to support adolescents for treatment episodes
- Internal GHC WL initiatives for assessments

Community Mental Health Transformation

- Whole system transformation programme
 - Physical health checks for SMI – up to 54% compliance – target 80%
 - Complex Emotional Needs – Fully developed for Gloucester and now rolling out across County
 - Assessment process – replacing Care Programme Approach with Dialogue+ - now being piloted in Forest
 - Employment – expanding Individual Placement & Support
 - New Locality model – co-production work in Forest ongoing
 - 2023/24 – focus extends to include rehabilitation and housing

Specialist Mental Health Practitioners in Primary Care

- Key part of CMHT Transformation - Under the Additional Role Reimbursement Scheme (ARRS)
- Model focus on specialist band 7 mental health workers who can undertake independent prescribing
- Based within Primary Care Networks
- Currently 12 wte recruited - Target to reach 15 practitioners
- Next phase will be considering skill mix within each PCN

Transformation Programmes in CYP

- Referrals continue to rise and waiting times are challenging
- Increasing number of complex children needing care as inpatients – accessing beds challenging at regional/national level
- CYPS Referral to assessment within 4 weeks - September at 91.6% against a 95% threshold
- TiC+ trialling ‘one at a time intervention’ - positive feedback
- Access to CAMHS Practitioner Advice Line for all colleagues
- Young Minds Matter – in 113 schools (2,000 YP/year access) – growing in 23/24

Any Questions?

