This high level mental health and wellbeing strategy has been developed based on a piece of work undertaken to review current Gloucestershire strategies and plans relating to mental health and wellbeing and their alignment to the national strategy ‘No Health Without Mental Health’.

A steering group met during 2012 and had oversight of a number of subgroups working on each of the high level objectives which are set out in ‘No Health without Mental Health’. The steering group comprised a majority of local voluntary sector organisation representatives plus health and social care commissioners and Rethink representing a service user perspective.

The steering group and all the organisations represented have co-produced the strategy and its key objectives and have provided on-going feedback on a number of iterations of the document prior to this final draft report.

The Joint Commissioning Partnership Executive (JCPE) reviewed the document at its meeting in November 2012 and recommended that it should be considered by the Health and Wellbeing Board.

The strategy development work also identified the requirement for a new partnership governance structure to oversee implementation, given that the longstanding Mental Health Local Implementation Team had been focussed on delivering the National Service Framework and has since been disbanded. Proposals for this structure are included in section 7 (page 28) of the draft document as are proposals for progressing with the implementation planning process.

The development of the strategy included work on refreshing the mental health needs assessment, and the Joint Strategic Needs Assessment (JSNA), and incorporates the key messages from the Director Public Health (DPH) report.

Since the original work was carried out two other key strategies have been developed; ‘Your Health, Your Care’ and the Gloucestershire Health and
Wellbeing Strategy. The ‘No Health without Mental Health National Implementation Framework’ was published in July 2012. The draft mental health and wellbeing strategy incorporates the alignment with the objectives set out in the more recent national and local strategy publications.

The lead officer for Public and Patient Engagement in the Clinical Commissioning Group has advised that no formal consultation process is required at this stage as the strategy has been co-produced with a wide range of stakeholders and there has been comprehensive engagement throughout the development process and no specific variations to services are proposed. This will be kept under review during the development of detailed implementation plans.

It is proposed that Equality Impact Assessments (EIA) is completed for the implementation plan and any subsequent commissioning intentions required in achieving the objectives and not the strategy itself.

<table>
<thead>
<tr>
<th>Recommendations to Board:</th>
</tr>
</thead>
<tbody>
<tr>
<td>• To endorse the draft mental health and wellbeing strategy for Gloucestershire</td>
</tr>
<tr>
<td>• To agree proposal to establish new governance group to develop detailed implementation plans and provide governance and oversight throughout the implementation process.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Financial/Resource Implications:</th>
</tr>
</thead>
<tbody>
<tr>
<td>As part of the implementation process the Mental Health Wellbeing Partnership Group will report to the Joint Commissioning Partnership Executive regarding any financial and resource implications required with implementing of the strategy.</td>
</tr>
</tbody>
</table>
Draft Mental Health and Wellbeing Strategy

1. Introduction

1.1 This high level local mental health and wellbeing strategy was developed and co-produced following a review of current strategies and local plans relating to mental health and wellbeing and their alignment to the national strategy “No Health without Mental Health”

2. Strategy development and co-production

2.1 A multi-agency steering group was established during 2012 (membership set out in appendix, 1) to develop and take forward a local mental health and wellbeing strategy co-production process. A number of sub groups were set up to work on each of the high level objectives which are set out in the ‘No Health without Mental Health’ national strategy.

2.2 The steering group and all organisations represented have co-produced a high level strategy and its objectives and have since provided comprehensive feedback on a number of iterations of the document prior to this final draft report.

2.3 The local strategy objectives are line with the national ‘No Health without Mental Health’ strategy which brings together into a single framework the twin aims of public health and mental wellbeing for the whole population and a life course approach for the treatment and care of people with mental health problems.

2.4 The development and co-production of the local mental health and wellbeing strategy included the review of other local strategic documents and specifically the elements relating to mental health. The strategy aligns with the objectives in the Health and Wellbeing Strategy ‘Fit for the Future’ and takes into account the initiatives set out in the ‘Your Health, Your Care’ Strategy.

3. Local needs assessment and outcome indicators

3.1 The development and co-production of the mental health and wellbeing strategy included refreshing the local mental health needs assessment and the Joint Strategic Needs Assessment (JSNA) to provide a meaningful baseline for setting the local strategy objectives.

3.2 The ‘No Health without Mental Health’ implementation framework recommends evidence based actions for the NHS, other public services and employers. The framework details how success will be measured and how future work on outcome indicators will be taken forward nationally. It proposes a mental health dashboard which will map the relevant indicators from the three main outcome sets (health, social care and public health) to the strategy.
4. Vision, aims and gaps identified

4.1 This section of the strategy sets out the high level aims for Gloucestershire mapped against the 'No Health without Mental Health' objectives. The aims for each objective incorporates the ‘gaps’ identified through the Steering Group sub groups and co-production process.

4.2 The specific aims are mapped against the following high level objectives which are aligned to the national strategy objectives:

- More people will have good mental health
- More people with mental health problems will recover
- More people with mental health problems will have good physical health
- More People will have a positive experience of care and support
- Fewer people will suffer avoidable harm
- Fewer people will experience stigma and discrimination

5. Service user views and involvement

5.1 ‘Rethink’ as part of their contract for managing and facilitating service user networks in the county were asked to consult with mental health service users as a key element to the strategy development and co-production process. In conjunction with Commissioners, Rethink developed a series of simple survey questions based on the objectives of the national strategy. The overarching themes from the responses from service users are included in (appendix 2) of the strategy document.

6. Implementation and governance

6.1 The high level objectives in the strategy will require the development of detailed implementation planning and specific action cards for each objective that take into account the evidence based actions set out in the nation strategy implementation framework and also to ensure that progress can be measured effectively across the range of objectives.

6.2 The strategy development work identified the requirement for a new partnership governance structure to develop and oversee implementation plans, given that the longstanding Mental Health Local Implementation Team had been focussed on delivering the mental health national service framework and has since been disbanded.

6.3 Proposals for this governance structure are illustrated in table 1 below and (Section 7) of the strategy document. The new structure will provide a fit for purpose multi-agency forum incorporating membership from a broad range of stakeholders including service users and carers and Healthwatch representation.
Proposed governance arrangements

It is proposed to establish a Mental Health and Wellbeing Group reporting into the Health and Wellbeing Board:

**Gloucestershire Health and Wellbeing Board**

**Gloucestershire Mental Health and Wellbeing Group**

**Purpose**
- Review and approve implementation plans.
- Receive reports from implementation leads and track progress.
- Ensure alignment of plans across organisational boundaries.

**Proposed Membership:**
- Clinical Commissioning Group
- Public Health
- County Council
- District Councils (Housing / Wellbeing)
- Voluntary and Community Sector
- Representative(s)
- Mental Health Service User and Carer representation
- Service provider(s)
- Criminal Justice
- Employment
- Education
- Healthwatch

- Chair to be nominated by Health and Wellbeing Board
- Terms of reference for Mental Health and Wellbeing Group to be developed once basic governance structure agreed.
- Group to meet quarterly
- Many of the work streams impacting on mental health and wellbeing also relate to other areas of wellbeing and it is not intended to create duplicate / multiple reporting routes.
- Named senior leads to be nominated by the relevant organisations and be responsible for reporting back to their organisation

**Underpinned by:**
- Needs Assessment
- Views of service users and carers
- Equalities Act Requirements

---

6.4 The establishment of a new Mental Health and Wellbeing Group that includes broad organisational representation will enable the continuation to the approach used with the strategy co-production process throughout the implementation phase. The governance group will also report on regular basis on progress against plans to the Health and Wellbeing Board and when appropriate regarding any changes with commissioning intentions to the Joint Commissioning Partnership Board.

7. Recommendations

7.1 To endorse the mental health and wellbeing strategy for Gloucestershire

7.2 To agree proposal to establish new governance group to develop detailed implementation plans and provide governance and oversight to the implementation process.

8. Appendices

Appendix 1 Draft Mental Health and Wellbeing Strategy